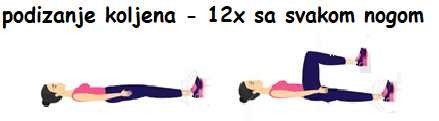
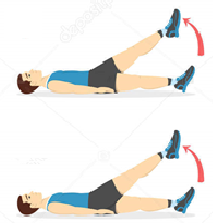
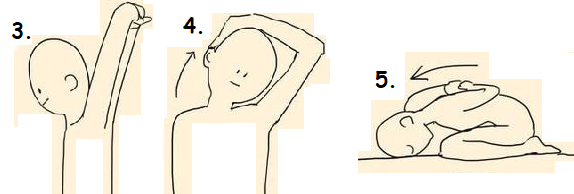
Centar za odgoj i obrazovanje Čakovec šk.god. 2019/2020.

Predmet: **Tjelesna i zdravstvena kultura**

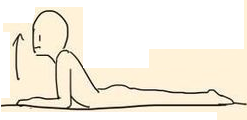
**Učitelj:** Vedran Vurušić

**Nastavna tema:** istezanje

1. 
2.  **zamasi pruženim nogama – 30 sekundi**



**6.**



**7.**

