

FOOD INSECURITY

1. *Teacher's quest: analyse the title within your group, then ask three questions about it and find answers to those questions!*

What is food insecurity?

Food insecurity is lack of enough and quality food.

Who is affected by food insecurity?

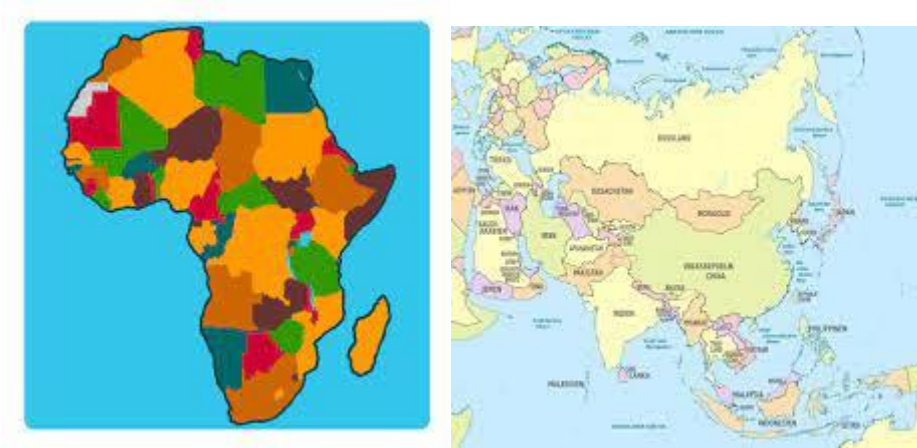
People all around the world are affected by food insecurities, around 40 million people, both in developed and undeveloped countries.

How can we prevent it?

We can try to stop extreme food waste.

2. Go to the following page and explain the connection between the following pictures and the text!

<https://sentientmedia.org/food-insecurity/>



Developing countries in Africa and Asia face enormous amounts of food insecurity.

In some parts of Africa and Asia people are on average 4 miles away from drinkable water (that sometimes isn't safe to drink).



Food insecurity impacts around 40 million Americans and 12 million American children.

1 in 8 Americans is affected by it and 1 in 6 children in the US goes hungry.



Children face more food insecurity than others because they are unable to fend for themselves and they depend on older people around them.



As people get older, their nutritional needs change. The body gets weaker as it ages. They also don't receive enough money so they can't afford quality food.



The farther away a person lives from a major city or town, the less access to food they enjoy. Transportation is a major factor in food insecurity.



Political instability is also causing food insecurity because it is hard and dangerous to bring and get food.



Weather impacts people in rural communities because it destroys their property and they have to protect themselves even if they don't have quality food.



People who suffer food insecurities typically live in extreme poverty because, after all, food is one of our most basic needs.



Malnutrition can cause serious health problems.



African Americans and Latinos are among the most affected populations.

3. *Fill in the blanks with the following words: debilitating, meet sb's needs, afflicted with, to be rationed, fend for yourself, halt, rife with, take a toll, food bank and plague!*

1. About 40% of the country's population is afflicted with climate change.
2. Are those children able to fend for themselves?
3. The pandemic is taking a toll on all industries.
4. The trial was halted after the first week.
5. When you are faced with food insecurity, you go to a food bank.
6. The villagers are rationed to two litres of water a day.
7. If you want to get hired here you have to meet our needs.
8. Financial problems are plaguing the company.
9. That area was rife with malnourished people.
10. Malnutrition can cause debilitating symptoms among those affected by food insecurity.

4. Now, watch the following TEDx talk: <https://youtu.be/pLJ3XnTMIRM> and write down 12 questions that can be answered referring to the context of this talk!

What are food banks?

What is food insecurity?

What is the root of food insecurity? (money)

How many times are black households more food insecure than white households? (3.5)

If the problem is money, what should solution be? (money)

Who bears the responsibility for food insecurity solution? (government)

Why black people face greater barriers? (because of structural racism)

What structural racism leads to? (poverty)

What is one of the solutions for structural racism? (hiring more black people on important positions)

Who has the power and resources to solve the problem of food insecurity?
(government)

Can we as individuals do anything to solve this problem?

(influence on the government)

What should our elected representatives understand?

(that solution aren't food banks and charities, that it has to be income)

5. *Do research and explain how are the following words connected to the food insecurity solution: money, structural racism, factory farming, climate, fair trade policy and food waste!*

- To stop food insecurity we should eliminate **factory farming** because we waste too much food to feed the animals that produce meat, eggs and dairy products, if we used that food to feed people instead we would make big difference.
- Our impact on **climate** is also an impact on our food because the climate change caused abnormalities in agriculture.
- **Money** isn't evenly distributed in the world, if we reduced the differences between rich and poor people we could solve food insecurity.
- **Structural racism** is also one of the causes for food insecurity because people are judged based on colour of their skin which often disables them to get a job.
- If we stopped extreme **food waste** in developed countries we would have enough food for people that suffer from food insecurity.
- Some stores are too expensive for some people

6. Your final task is to create a “storyjumper” comprised of a summary referring to what food insecurity is, what are its roots and causes, who is and how affected by it and what are possible solutions!

<https://www.storyjumper.com/book/read/114118502/614d8a1854dde>